The Kooth logo is displayed in a large, white, rounded speech bubble. The word "kooth" is written in a lowercase, sans-serif font. The two 'o's are replaced by stylized icons of speech bubbles with faces, one above the other. The background of the slide is white with a pattern of smaller, semi-transparent versions of the Kooth logo. A large, teal, rounded shape is behind the main logo, and a striped teal shape is behind it.

# kooth

Overview of the Kooth platform and features

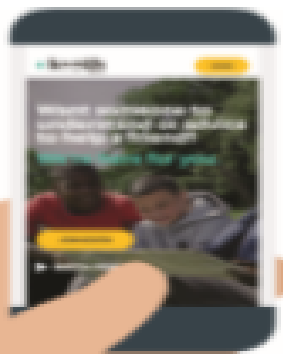
## **Kooth platform**

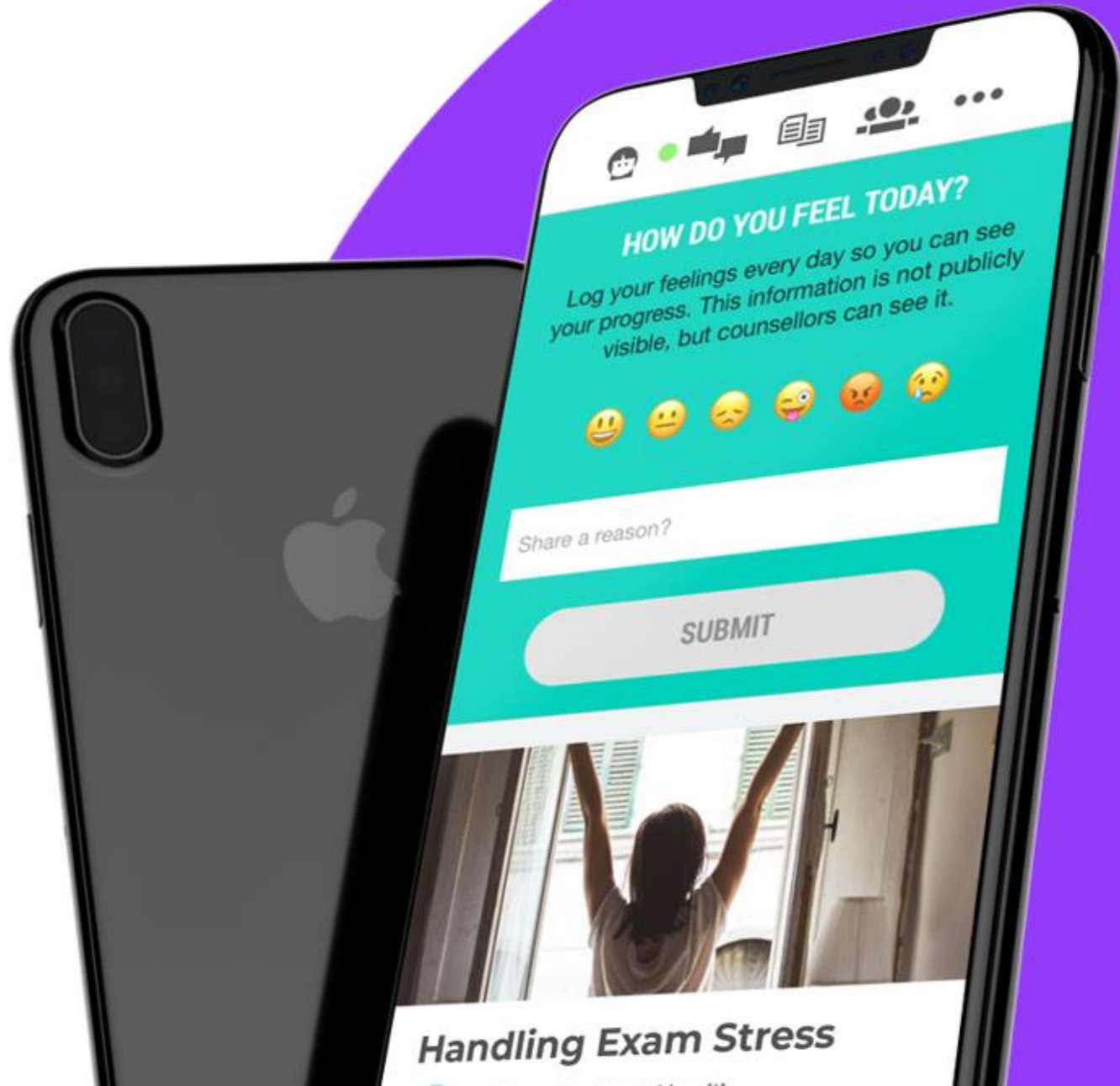
- **Website**
- **Service hours**
- **Features of the platform**
- **Supports**
- **Questions**



**Kooth is a free online service  
offering emotional  
and mental health support  
for children and young people**

**[www.kooth.com](http://www.kooth.com)**





# kooth

It's free, safe and  
**anonymous.**



Free online counselling support for young people! Discover everything Kooth has to offer



Sign up for free at [Kooth.com](http://Kooth.com)

## How to sign up to kooth

Kooth is a FREE, anonymous, confidential, safe, online Wellbeing service, offering counselling, information, and forums for children and young people.

Access 365 days a year to counsellors who are available from:  
12 noon-10pm Monday-Friday, and 8pm-10pm Saturday and Sunday

Log on through mobile, laptop and tablet.



[www.kooth.com](http://www.kooth.com)

<p>1 Click on the <b>Join Kooth</b> button located in the centre of the home page of the Kooth website</p>	<p>2 Choose from the drop down box the location you are in The place I live in... <input type="text"/></p>
<p>3 Click on the gender you identify with I am...</p> <p><input type="button" value="Male"/> <input type="button" value="Female"/> <input type="button" value="Agender"/> <input type="button" value="Gender Fluid"/></p>	<p>4 Choose from the drop down box the ethnicity that best fits you My ethnicity is... <input type="text"/></p>
<p>5 Add the month and year you were born I was born in... Year: <input type="text"/> Month: <input type="text"/></p>	<p>6 Create an anonymous username (not your real name) and secure password I want the first username: <input type="text"/> My password will be: <input type="text"/></p>
<p>7 Choose from the drop down box to explain where you found out about Kooth Where did you learn about Kooth? <input type="text"/></p>	<p>8 Click on the <b>Create Account</b> button to complete your registration</p>



**365**  
days

**When are our  
counsellors  
online?**

**Monday - Friday**

Afternoons & Evenings

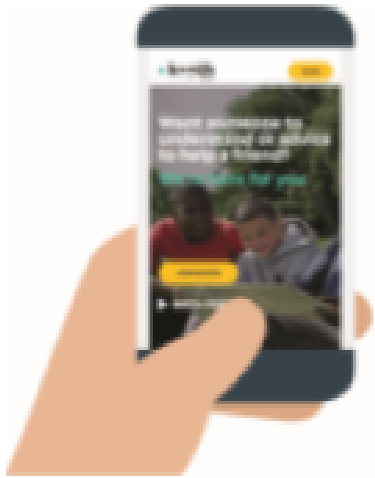
**Weekends**

Evenings

Full counselling hours are on the homepage



**kooth**



# Online counselling & well-being support

- Young people can sign up themselves - no referral needed
- Text based - live or asynchronous messaging
- Offers a range of therapeutic tools and activities
- Open 365 days a year
- 12-10pm weekdays, 6-10pm weekends





**Missing your friends and need to talk?** Discover Kooth's supportive space

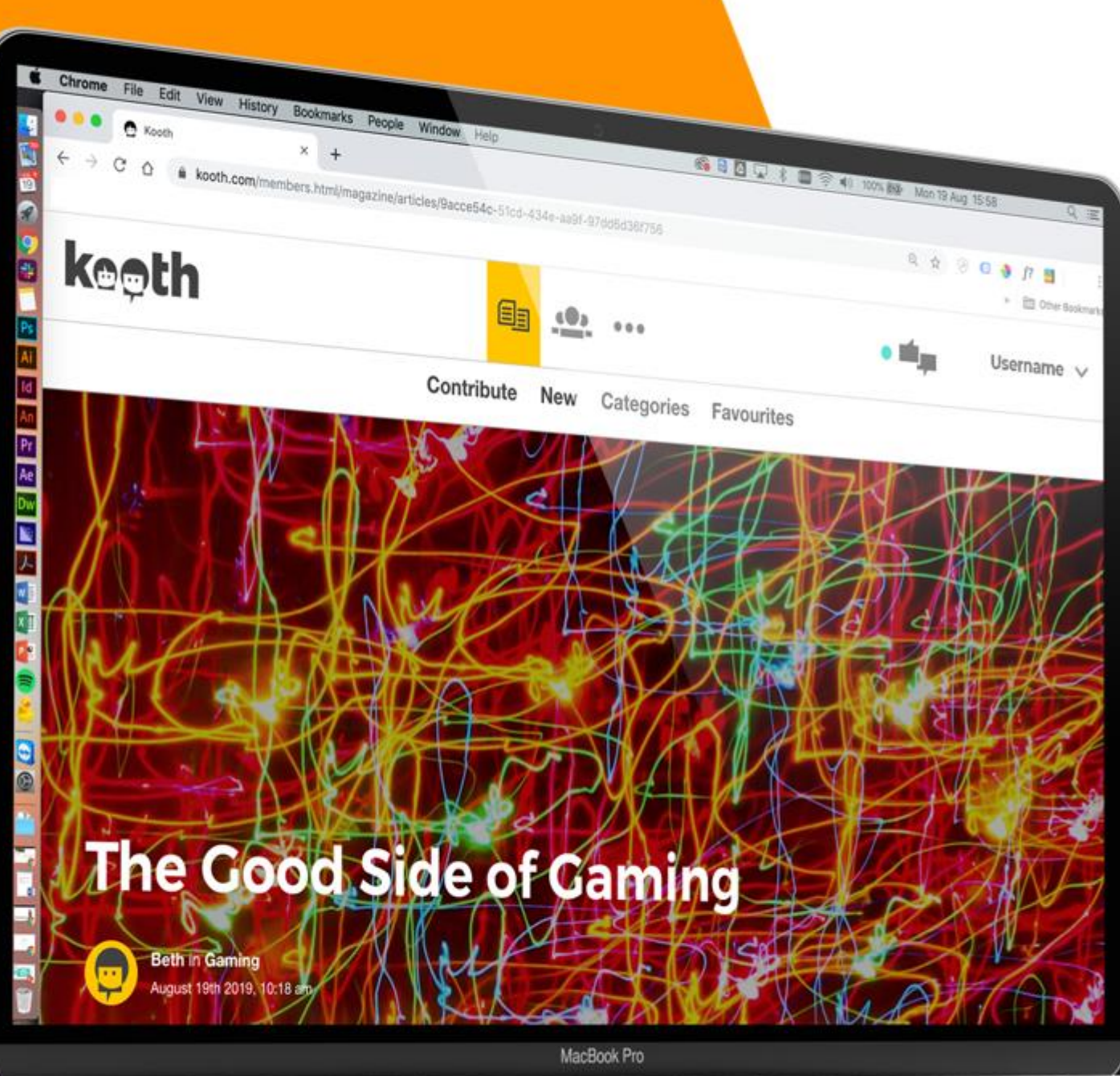
 Discussion Boards

 Kooth Magazine & Help Articles

 Free Counselling

 Journal & Self-Help Tools

Kooth offers so much more than just speaking to a counsellor. The community is always online, and there are other young people there to help. You are never alone.



# Kooth Magazine

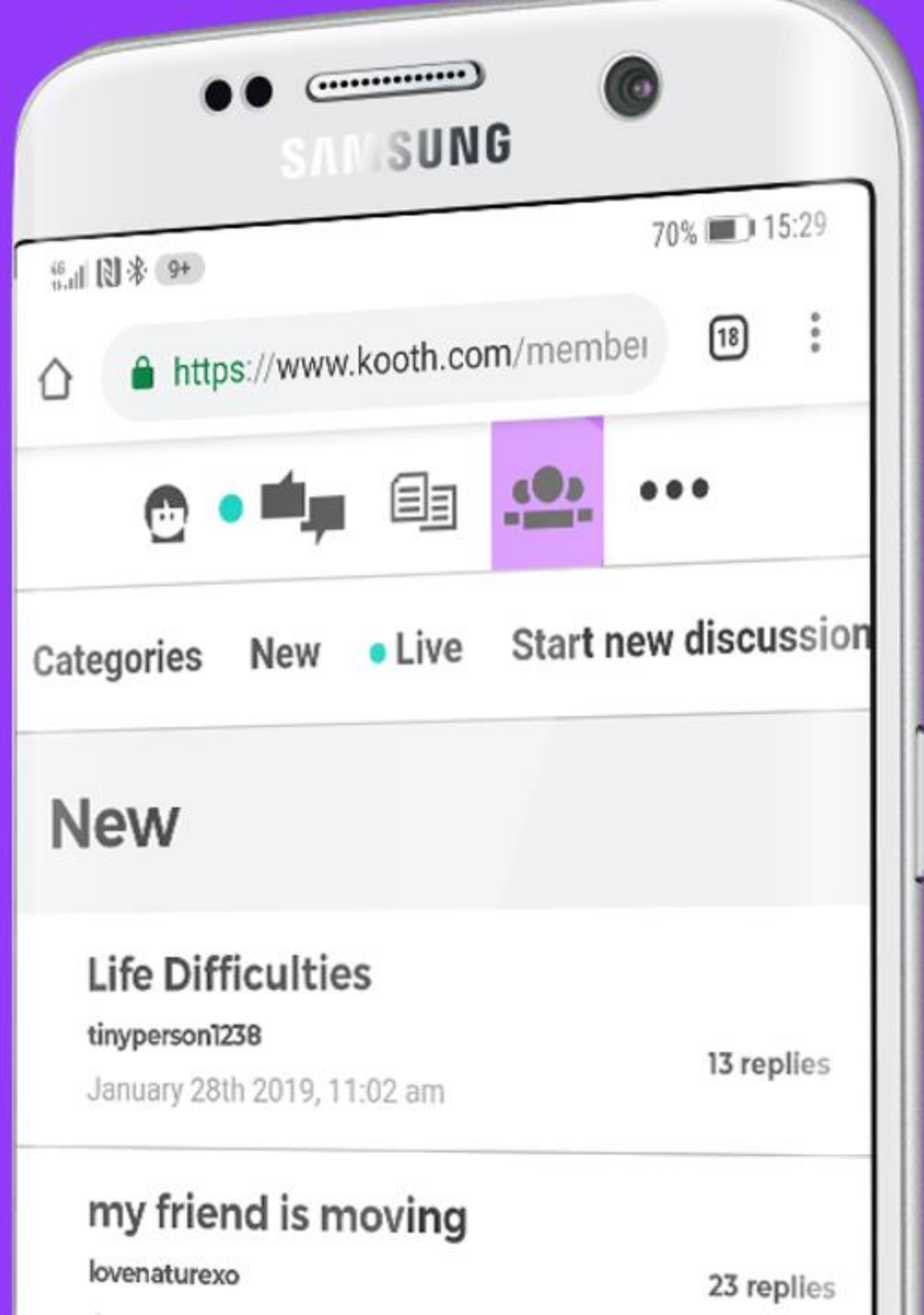
- Posts include anything from personal stories to creative writing and advice on how to get through a hard time
- Explore articles written by experienced professionals
- Contribute to the magazine, or read other young people's posts!





# Kooth forums

Browse through posts on many different topics, both serious and fun!  
Give or receive support from others in similar situations to you  
Connect with others in themed live forums



Kooth is free, safe and  
**anonymous.**

- Everything is pre-moderated and confidential
- No personal details or real names
- All the counsellors are trained, qualified and are used to working with young people
- If you needed, we would talk to you about face-to-face services as well as talking to us online



**Everyone needs support  
sometimes - and if you do,  
Kooth is here.**

**[kooth.com](https://www.kooth.com)**